

ELIZABETH GILBERT: A NEW WAY TO THINK ABOUT CREATIVITY

WELCOME

(20 MINUTES)

Highs and Lows: *What are yours?*

Prayer: Try these words or your own : *We have many different expectations of you, God. We expect you're going to act as our assumptions say you should. Speak and break the molds of our expectations. Amen.*

VIDEO

(20 MINUTES)

DISCUSS

(40 MINUTES)

1. What do you want to discuss after watching the video?
2. What do you think God would want to discuss with you?

IF you are stuck...

Reflections From The Community


Creativity and suffering are linked?

People's perception about creative success: Romans and Greeks believed that creativity came from the gods or a muse - this belief protected the creative individual from narcissism (if you were great, your muse got some/most/all the credit - if you stunk, bad muse!). During the Renaissance, the focus shifted from muse inspired creativity to all about the person. The Renaissance was a time when everything became individual centered - puts all the pressure on the creative individual. We need to get back to 'creativity is inspired/driven by outside forces.

How does God inspire us to great things (creative or otherwise).

How can we 'catch' God and turn his desires for us into action?

How do we hang-on to God's inspiration?

-Jedd



Don't be afraid to be open and willing to let yourself be inspired. If you don't feel it, ask God to inspire you - have that conversation, and embrace it. Welcome the Genius in, and you can make wonderful things.

-Matt

CLOSE

(10 MINUTES)

Housekeeping: *Pick a card. Do it.*

Prayer: Take turns expressing, in one representative word or phrase, an expectation regarding any area of life. It may be positive, negative, or otherwise. Close with inviting God to surprise us and entrusting these expectations to God.

OR

Take 5 minutes to pray and reflect in silence hopes, fears, and expectations. You may also choose to use this silent time for meditational prayer.